



# Building Blocks

A Publication for Family Child Care Providers of the  
Wheaton/Glen Ellyn Child Care Association Inc.

**February, 2018**

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Our Free Referral Line (630) 668-1123

[www.wgecca.com](http://www.wgecca.com)    [referralwgecca@gmail.com](mailto:referralwgecca@gmail.com)

**MEETING LOCATION:** 850 Warrenville Rd, Lisle, IL 60532 in Room 302

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**Monthly Meetings** We will have social time before our monthly meeting beginning at 6:30 PM unless otherwise noted. Please come early and network so we can start our meetings on time. Start time is 7:00 PM unless otherwise noted.

## **Tonight's Meeting: Young Children and Mental Health (0-8 years old)**

Trans-diagnostic elements of the main childhood mental health disorder categories will be discussed. Participants will increase mastery in identifying the function of behaviors and symptoms in children, how to respond to symptoms in ways that are helpful rather than exacerbating, and understand the critical importance of multi-systemic contextual factors in helping vs. exacerbating trans-diagnostic symptoms.

**Speaker:** Dr. Nikki Massey-Hastings, PsyD  
Licensed Clinical Psychologist  
Dr. Hastings & Associates  
[www.nicolemasseyhastings.com](http://www.nicolemasseyhastings.com)

## **March 6, 2018: Let's Talk It Up - DCFS Regulations**

DCFS Rep. Linda Velazquel will be joining us for dinner and we will begin our questions and answer portion after we have eaten dinner. Linda has requested that any questions you have be sent to her prior to our meeting so that she can consult with other Reps, if needed.

Please forward any questions you have to Carolynn Perpich ([discoveryplay1@gmail.com](mailto:discoveryplay1@gmail.com)) by Monday, February 12th, if you can. Any other questions that come up later should also be forwarded to Carolynn, prior to the meeting.

**Location:** Olive Garden, 1211 Butterfield Frontage Rd, Downer's Grove

**Time:** If you plan on eating dinner please arrive between 6:15 - 6:30

**Please RSVP to Carolynn by Wednesday, February 28th**

**March 20, 2018: Easter Seals**

**April 17, 2018: Joy Casper, Autism Therapist**



**If you have any ideas or contacts for our monthly presentations or Let's Talk It Up meetings please share with Jan Munday or Carolynn Perpich. Thank you.**

## President's Notes:

## Welcome to our February 2018 Newsletter!



Thank you all for coming this evening and thank you to Dr. Nikki Massey-Hastings, PsyD, Licensed Clinical Psychologist, for taking the time out of her schedule to present to us this evening.

I'm hoping that the groundhog was wrong, and that spring is right around the corner. I had the kids outside last week but at times the depth of the snow was too much for them. I'm looking forward to spring, warm weather, softball and baseball. Jen's season starts this weekend in North Carolina and Doug and I will be leaving Friday to watch the weekend of games. Aaron's tryouts for his senior year of high school baseball are next week with games starting March 14<sup>th</sup>.

Referral line has slowed down some but still getting calls and many of them are for parents looking in the next 6 to 9 months when maternity leave is over for them. Please make sure that I have your correct openings for current situations and also what you expect for the next 9 months.

Our next CPR/First Aid class is March 17<sup>th</sup> we have 6 spots available still. If you or your assistant needs CPR/First Aid, please make sure they sign up. The August date for class is not solidified yet, we need to wait to see what weekend we need to move the children into school. Puzzle orders will be due on April 20<sup>th</sup>. Please make sure that you share the price sheet and website with any family members or clients that may be interested in ordering puzzles. Remember this is our only fundraiser that we do currently for the association and we receive \$1 for each item ordered. I will be sending out the website and order form with the online version of the newsletter.

We are planning on working with Jan Munday's church to help a family in need this year. Our plan is to have a large garage sale and all money made will be donated to the family in need. We are looking for donations of items to sell, people to work the garage sale and probably set up and clean up the day before and after the sale. We are looking at 2 dates with the church Friday/Saturday June 8<sup>th</sup> and 9<sup>th</sup> or May 18<sup>th</sup> and 19<sup>th</sup>. We know our members will not be able to work it on Friday, so we would be looking for people to help set up Thursday night and work on Saturday and clean up Saturday evening or Sunday morning. Please start collecting items for donation to sell and keep those dates free if possible to give a helping hand.

Our next event will be the "Talk it Up" Dinner meeting at the Olive Garden in Downers Grove. DCFS will be there to answer questions. If you have any questions for DCFS please send them to Carolyn Perpich so that she can submit them to Linda before the evening. Talk it Up dinners are pay your own way but is a more relaxed evening of networking along with continuing education hours. Hope you can make it.

Hope everyone has a happy St. Patrick's Day and see you on March 20<sup>th</sup> for our next meeting.

*Annette*



## **CPR/First Aid Scheduled Classes:**

March 17, 2018

\*The August class will be on the 11th or the 25th. A notice will be sent once a date is confirmed.

*CPR/First Aid classes will increase in cost starting in 2018 to **\$75 a person**. The American Heart Association is changing its policies and cost on items. They are now requiring everyone to receive a book during the class and they are changing from paper cards to electronic cards that will be emailed to you and then you can print them out. Also, to ensure that you are using proper technique during the class you will be wearing a bracelet or using an electronic dummy that monitors your compressions.*

**Important CPR Class Day Reminders** Arrive by **7:45AM** @4440 Basswood Drive Lisle. Class begins at 8:00 a.m. If you arrive after 8:05 AM you will be turned away and no refund will be given.

**CPR and First Aid Procedures Cost \$75** includes class, book, electronic card and certificate. Good for 2 years. Send check to reserve your spot. Sign up at least 2 weeks before. Cancellation must be made 2 weeks prior for refund. Minimum 5 people, Maximum 10 in each class

Send Check made out to Doug Cail, 4440 Basswood Drive, Lisle IL 60532

CPR/First Aid cards will be emailed after completion of course and is needed for DCFS. If you lose the card a \$17 replacement fee will be charged payable to Doug Cail. Your certificate from WGECCA is used for your continuing education only and is not accepted by DCFS for CPR/First Aid class requirements. Any questions please contact Annette Cail at (630) 963-8734.

**Referral Line:** All providers who want to be on the referral line must attend one meeting per quarter. If any of your information changes, please send an email with those changes to [referralwgecca@gmail.com](mailto:referralwgecca@gmail.com). In addition, if you do not fill out the form with your openings at the meeting you need to please send an email with the number of openings and ages you have. If we do not hear from you the assumption is you have no current openings.

**November 9 - February 7:** 35 calls (18 part-time, 32 full-time)

29 - Infants 0-2 yrs.

9 - Toddlers 2+

9 - Pre-school

3 - School age

Giving out sunshine project DCFS link as association has minimal openings.

**Treasurer's Report for February 8, 2018:** Checking: \$779.76 Savings: \$10,670.00

Expenses: Phone Bill: \$25.24 National Louis: \$150.00 CT: \$105.00



## Networking through Facebook

If you don't have a Facebook page, we warmly invite you to open one, even if it is only for these networking opportunities. When something is posed on either the public or private Facebook page, you will get an e-mail notification, so you don't need to go to Facebook to check everyday.

**Public Page:** <https://www.facebook.com/pages/Wheaton-Glen-Ellyn-Child-Care-Association-Inc>

Make sure to go to this link and like it. We will be posting upcoming meetings, small announcements and related articles to our business on this page. This is also a great way to double check dates and locations for Monthly Meetings and Talk It Ups.

Please invite your clients to like this page. It is a great way to advertise our group. The more people that hear and know about us, the more referrals we are going to receive.

**Private Page:** The Wheaton Glen/Ellyn Child Care Association Private Facebook page is a Provider only page and cannot be viewed by the public.

To become a member, you must be invited by either Josh, Jurgitta or Annette. To invite you, we need your email address that is linked to your Facebook page.

This page was created for the purpose of provider networking, where providers can ask questions or start conversations that will only be seen by Association members. Any member can respond to a post if they want.

Some examples of questions or conversations would be:

\*Meals for kids with allergies   \*Provider policies   \*Specific work situations   \*Parent problems

Members are expected to be polite on the page. Inappropriate language or disrespectful behavior will not be tolerated and may result in that member being deleted from the page.



## February - March - April

Sandy Stich 2/6

Betty Ahmann 2/10

Jeanette Johnson 2/13

Brittany Jewell 2/14

Karyn Larsen 2/16

Debby Wrobel 2/28

Carolynn Perpich 3/4  
3/18 Cheryl Cluchey 3/23

Rolando Escobedo 3/15

Laura DellaPolla

Suzanne Escobedo 4/21

## WGECCA 2017-2018 BOARD MEMBERS:

- President, Interim Referral Coordinator, CPR Coordinator  
Annette Cail - arcail@comcast.net - 630-963-8734
- Vice President, Newsletter/Website Coordinator  
Jeanette Johnson - Johnson99@sbcglobal.net - 630-820-4837
- Treasurer, Speaker/Presentation Coordinator  
Jan Munday - jlmunday@sbcglobal.net
- Recording Secretary  
Cathy Alcantara - alcantara2@excite.com
- Membership Chair  
Tracy Colangelo - Colangelo95@comcast.net
- Hospitality & Let's Talk it Up  
Carolynn Perpich - discoveryplay1@gmail.com
- Social Media Chair(s)  
Josh & Jurgita McFadden - j\_mcfadden@comcast.net

## Our Mission:

Our focus is on children and childcare providers irrespective of race, color, religion, national origin or sex. We are dedicated to build and maintain a professional base from which providers can reach out and gain support as well as recognition for their chosen profession through networking and education.

If anyone has questions about the WGECCA board and how it operates, please send any questions to Annette at arcail@comcast.net.  
Thanks so much. Annette